

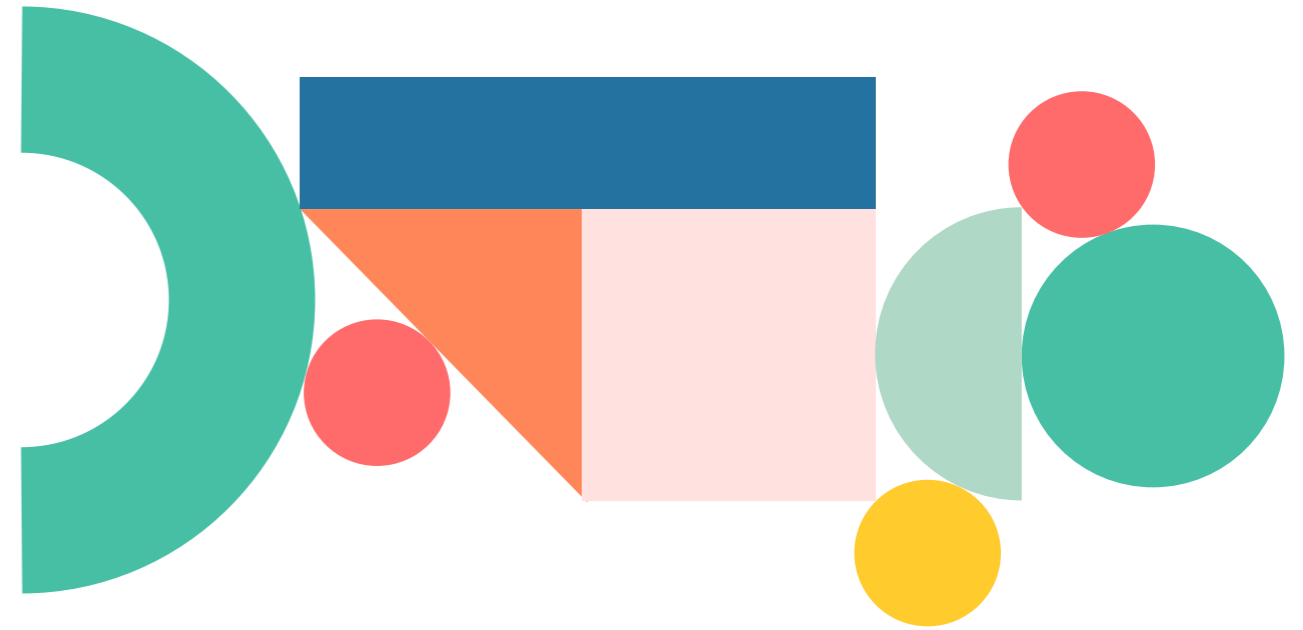
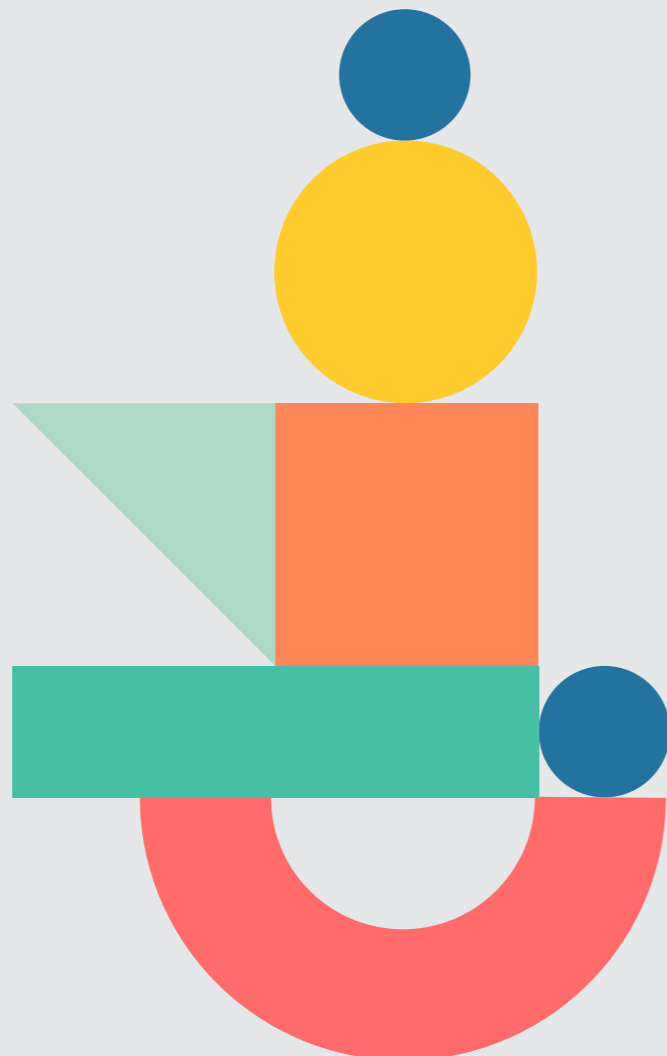
Virtual Team Development

Insights Discovery – Building Awareness and Collaboration



Be kind to your mind

Building Awareness & Collaboration



Now more than ever, it's important take the time to talk and better understand each other, so we can work through this period of increased uncertainty and challenge with greater calm and togetherness.

Our Virtual Team Development workshop is especially designed to help individuals build greater understanding of themselves and their colleagues so that they create more supportive, collaborative and productive working relationships.

During the workshop we take your team through the Insights Discovery model - a simple and accessible tool that creates a common language for understanding different working and communication styles.

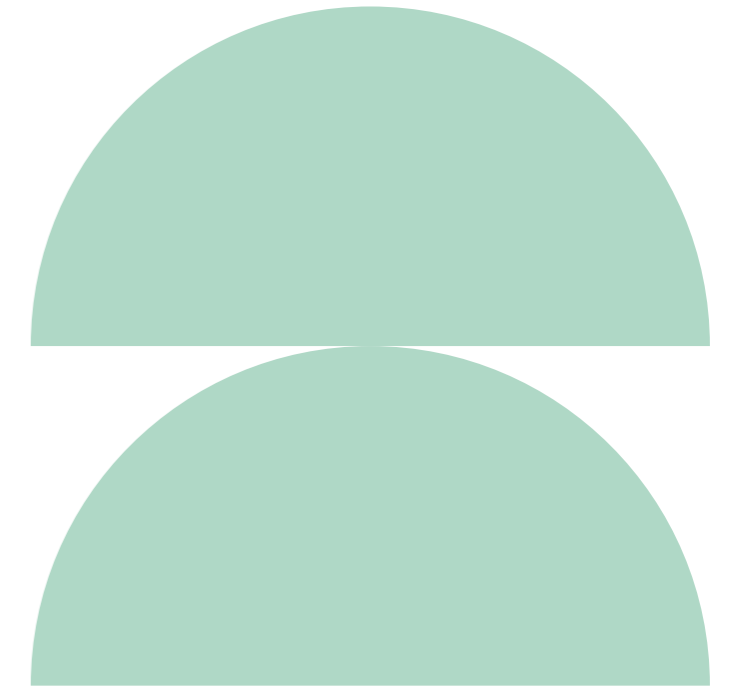
This greater awareness helps teams to understand the barriers and opportunities that exist and work on them in a way that is sustainable. Using the Insights Discovery model in teams has been shown to improve wellbeing, engagement and performance.

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The impact of this work has been hugely positive in supporting further team synergy and an awareness of how to more effectively interact and communicate with each other.

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Virtual Classroom



Virtual Classroom

Our new virtual classroom technology means we can deliver a highly engaging and interactive team development experience – wherever they may be.

Team members take part in a range of activities and practical exercises, and receive their own Insights Discovery Personal Profile. The workshop contains three 90 minutes sessions that can be delivered flexibly over one or two days.

In this workshop, your team will:

- Improve their self-awareness and awareness of others
- Practice tools and techniques to improve communication
- Learn about their different motivations, preferences and working styles and how they can collaborate with each other better
- Build stronger and more productive relationships by practicing listening and working together in a supportive way



During the lockdown period all interactions have been via Zoom and throughout this period the Thinkststitute have been totally flexible, and have delivered a positive learning experience for us all.





About us

The Thinkstitude is a global leadership development company. We combine psychology and commercial know-how to transform how leaders think, feel and act and so improve the performance of organisations and the working lives of people within them.

Headquartered in the UK, the Thinkstitude operates around

the world providing a range of leadership assessment, development, coaching and training services.

Contact us or visit our website for more information:

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